

Keep Swimming

John Cologon

Bm F# G A D C G

Some - times it feels ___ like you're swim - ming ___ swim
 Though you can feel ___ like you're liv - ving ___ liv

F#7 Bm A

- ming through a sea of pain ___ You feel you want to run you're scared you'll come un - done -
 - ving o - ther peo - ple's pain ___ that may not be your own ___ and, no, you're not a - lone -

G F#7 Bm G A7 D

___ can you re - lax a - gain? ___ How can you bear the strain? ___ Some - times it seems
 ___ and yet it feels the same ___ un - der an - oth - er name ___ The sec - ret key -
 We all can grow -

C G F#7 Bm

___ the light is dim - ming dim - ming and you're left be - hind ___ How do you keep up cour
 ___ may lie in giv - ing giv - ing free - ly ever - y thing ___ Love is an end - less well
 ___ when we're liv - ing liv - ing in a lov - ing way ___ It seems that Love - may be

A G F#7

___ - age and not close your mind? ___ Is it a kind of faith or just that love is blind?
 ___ that some - how con - quers hell Look past the pain and sin - to God who lives with - in
 ___ some - how a kind - of key de - fens - es melt a - way you know the words to - say

Bm F# G A D A Em7 A

Reach out, em - brace it let the pain flow through Re -

D A G F#7 Bm

- mem - ber I am with you in ever - y thing you do Re - lax and trust in Love
 Re - lax and trust, stay here,
 Re - lax and trust in Love


A Em7 A D

to dis - solve the pain ___ You can grow in My Love and
 don't ___ try to hide ___ You can o - pen your heart with the
 to dis - solve the pain ___ You can swim on with me, it will

A G F#7 G A Gm


find new life a - gain ___ if you keep swim - ming through the sea of ___ pain ___
 Spir - it as your guide ___ if you keep swim - ming I'll be by your ___ side ___
 ne - ver be in vain ___ if you keep swim - ming you will grow a - gain ___

D D F G B \flat C



You're swim - ming, come on, keep swim - ming through the sea _ of pain _

D F G B \flat C D



You're swim - ming, re - lax, keep swim - ming through the sea _ of pain [Instrumental]

F G B \flat C D C F



take up _ your cross and keep swim - ming [Instrumental]

G B \flat C A Em G Bm F \sharp 7




em - brace _ your loss and keep swim - ming Let go and trust the way I've taught you

G Em7 D Dsus4 D A Em G Bm




My Love will keep you _ from harm Let your - self float and I'll sup - port you

F \sharp 7 G Em7 Bm A G F \sharp 7. al \oplus Coda




Lie back, re - lax in _ my arms You're swim - ming, come

F G B \flat C D F




on, keep swim - ming through the sea _ of pain _ You're swim - ming, re - lax, keep swim - ming

G B \flat C D F G B \flat



through the sea _ of pain _ You're swim - ming, you can keep swim - ming through the sea

D \flat D G A Gm



swim to Me Trust and know the main thing's to to Keep swim

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