

Keep Swimming

John Cologon

Em B C D G F C

Some - times it feels ___ like you're swim - ming ___ swim
 Though you can feel ___ like you're liv - ving ___ liv

B7 Em D

- ming through a sea of pain ___ You feel you want to run you're scared you'll come un - done -
 - ving o - ther peo - ple's pain ___ that may not be your own ___ and, no, you're not a - lone -

C B7 Em C D7 §G

___ can you re - lax a - gain? ___ How can you bear the strain? ___ Some - times it seems
 ___ and yet it feels the same ___ un - der an - oth - er name ___ The sec - ret key -
 We all can grow -

F C B7 Em

___ the light is dim - ming dim - ming and you're left be - hind ___ How do you keep up cour
 ___ may lie in giv - ing giv - ing free - ly ever - y thing ___ Love is an end - less well
 ___ when we're liv - ing liv - ing in a lov - ing way ___ It seems that Love - may be

D C B7

- age and not close your mind? Is it a kind of faith or just that love is blind?
 that some - how con - quers hell Look past the pain and sin - to God who lives with - in
 some - how a kind - of key de - fens - es melt a - way you know the words to - say

Em B C D G D Am7 D

Reach out, em - brace it let the pain flow through Re -

G D C B7 Em

- mem - ber I am with you in ever - y thing you do Re - lax and trust in Love
 Re - lax and trust, stay here,
 Re - lax and trust in Love

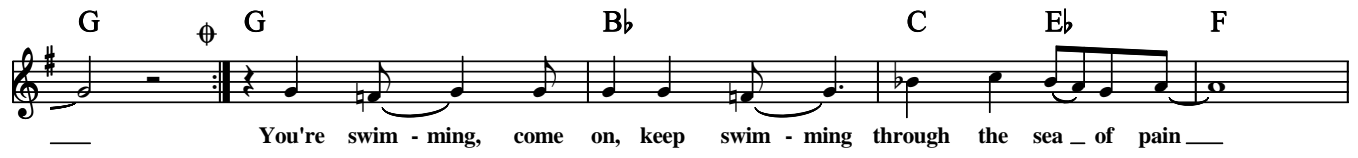
D Am7 D G

to dis - solve the pain ___ You can grow in My Love and
 don't ___ try to hide ___ You can o - pen your heart with the
 to dis - solve the pain ___ You can swim on with me, it will

D C B7 C D Cm

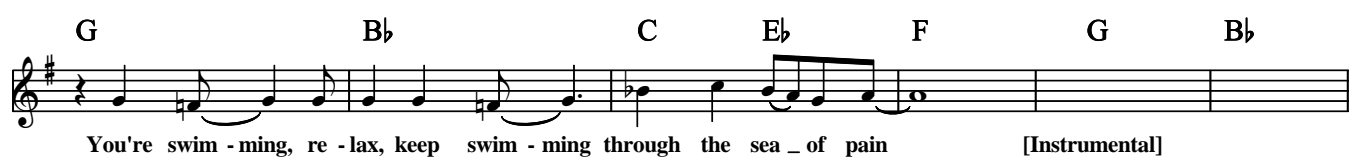
find new life a - gain ___ if you keep swim - ming through the sea of ___ pain ___
 Spir - it as your guide ___ if you keep swim - ming I'll be by your ___ side ___
 ne - ver be in vain ___ if you keep swim - ming you will grow a - gain ___

G G B \flat C E \flat F



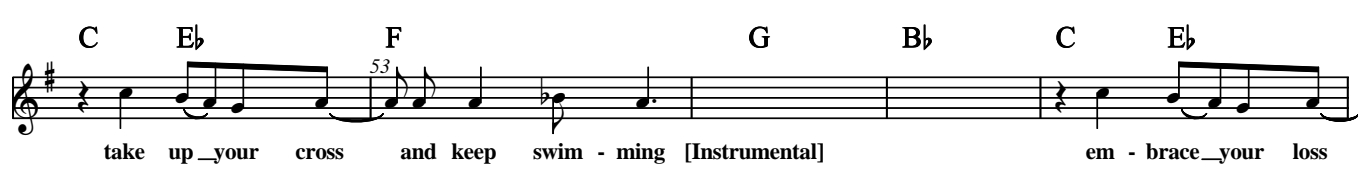
You're swim - ming, come on, keep swim - ming through the sea _ of pain _

G B \flat C E \flat F G B \flat



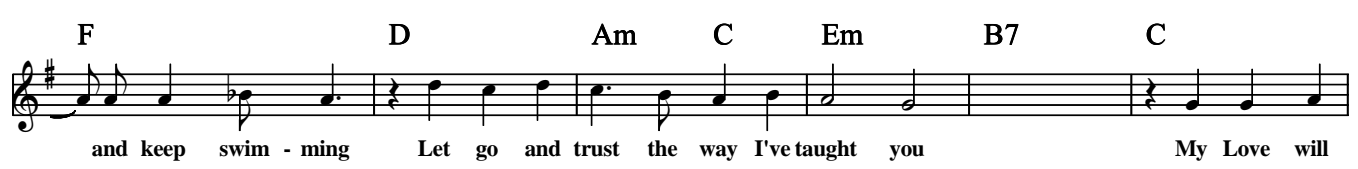
You're swim - ming, re - lax, keep swim - ming through the sea _ of pain [Instrumental]

C E \flat F G B \flat C E \flat



take up _your cross and keep swim - ming [Instrumental] em - brace _your loss

F D Am C Em B7 C



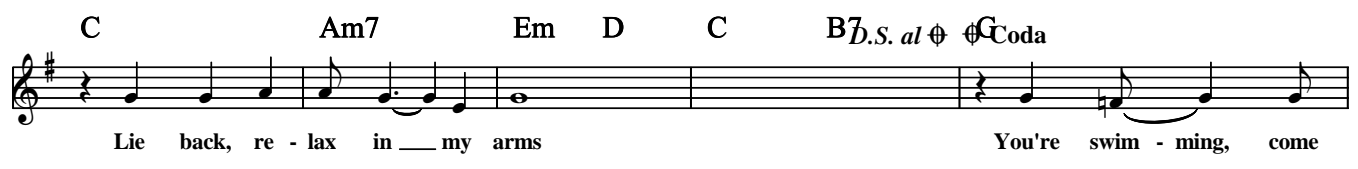
and keep swim - ming Let go and trust the way I've taught you My Love will

Am7 G Gsus4 G D Am C Em B7



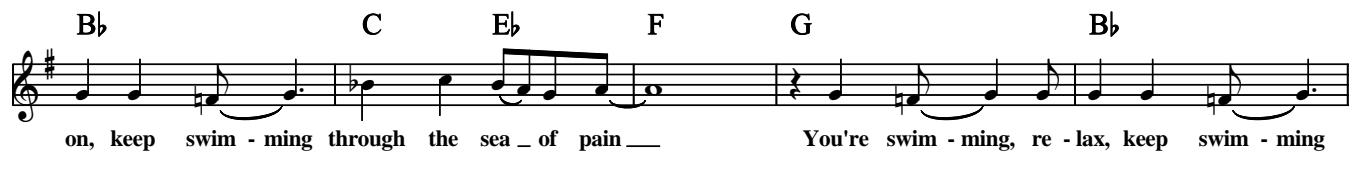
keep you _from harm Let your - self float and I'll sup - port you

C Am7 Em D C B \flat .S. at \oplus \oplus Coda



Lie back, re - lax in _my arms You're swim - ming, come

B \flat C E \flat F G B \flat



on, keep swim - ming through the sea _ of pain _ You're swim - ming, re - lax, keep swim - ming

C E \flat F G B \flat C E \flat



through the sea _ of pain _ You're swim - ming, you can keep swim - ming through the sea

G \flat G C D Cm G



swim to Me Trust and know the main thing's to to Keep swim - ming